

Great Lakes Comprehensive Vein Specialists

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Status Post Conservative: UPDATE TO PATIENT VENOUS MEDICAL HISTORY

Date: _____

Patient Name: _____ DOB: _____

Conservative Therapy

Most insurance companies require a minimum of three months of "conservative therapy" which fails to provide relief prior to paying for surgical treatment. Listed below are questions about conservative therapy you should have already tried or may need to try before having surgery.

- 1) Have you been wearing your prescription support hose? YES NO
If yes, how long? 3 months 6 months Other - How long?
If no, please explain why not?
2) Do you take pain medication for your varicose or spider veins such as aspirin, Tylenol, Ibuprofen, Aleve, etc.? YES NO If yes, what do you take?
1) Do you elevate your legs to relieve your symptoms? YES NO
2) Do you exercise regularly? YES NO
3) Have you tried losing weight? YES NO NOT NEEDED
4) Have you altered your daily activities to avoid long periods of time where you are sitting or standing in one position? YES NO
5) Have any of these "conservative therapies" provided relief of your symptoms? YES NO Comments:

All of the above information is accurate to the best of my knowledge.

Patient Signature: _____ Date: _____

Patient Stops Here!

* Remainder to be Filled Out By Clinical Staff *

Any Additional Notes: _____

Clinical Signature: _____ Date: _____

Physician Signature: _____ Date: _____