

Name: \_\_\_\_\_

Date \_\_\_\_\_

Time \_\_\_\_\_

## **Great Lakes Comprehensive Vein Specialists**

### **Post Procedure Instructions for Sclerotherapy Injections & Superficial Laser Treatments**

- Leave your support hose and any dressings on for 24 hours
- Support hose need to be worn to bed the first night
- Then support hose need to be worn during the day for 4 more days
- For the first 3 days no heavy physical exertion
- No hot tub for one week
- Normal walking is encouraged
- Redness, bruising, tenderness, and lumpy areas are normal responses
- Occasionally there is a brownish discoloration following treatment. This is temporary and will fade over time. It can take weeks to months to fade.
- Sunscreen is important, as the sun can react with the sclerosing agent and cause some discoloration
- If your injections are for cosmetic treatment, no follow up appointments will be made. You can schedule more treatments as you desire. It does take 12 weeks or longer for treated areas to resolve.

*Thank You for Choosing Great Lakes Comprehensive Vein Specialists for your treatment. Please call with any questions or concerns 231-487-9090.*